



The new life news

MITA (P) No. 055/09/2004

OFFICIAL OPENING



Launching a New Era
Official Opening of New Life Youth Hub

Launching a New Era Official Opening of New Life Youth Hub



The thundering applause and chanting of welcome slogans by 40 secondary school students from Zhenghua and Fajar Secondary Schools greeted the Guest of Honour, Mr Gan Kim Yong, Member-of-Parliament, Holland-Bukit Panjang GRC (Zhenghua) as he arrived at the void deck of Blk 419, Fajar Road, where New Life Youth Hub sites, to imprint his handprint. The handprint session is one of the highlights at the official opening of New Life Youth Hub on 4 July 2005, showcasing an exquisite collection of imprints from 1,360 youths who have pledged their support for the Youth Hub. Altogether 12 banners of hand prints were installed on the pillars surrounding the building.

In his address, Mr Gan, who is also Honorary Advisor to New Life Youth Hub had this to say, *"Youths are easily influenced and we must provide them a place to have activities under the supervision of volunteers. We must also give them support and help whenever they face difficulties in their lives."* He then proceeded on to unveil the



commemorative opening plaque of New Life Youth Hub, and to tour the centre, interacting warmly with youths playing carom, pool, and X-box games.

During the open house and membership drive in the afternoon, 116 enthusiastic youths signed up as members on the first day of the opening! Walk-ins and enquiries from residents poured in, keeping the staff busy. More than 500 youth have signed up as members of New Life Youth Hub. Every day, about 40 youths drop-in at the Youth Hub, and stay on average for about 1 hour each. The successful drive signalled the launch of a new and challenging era, as New Life Youth Hub serves as a community-based youth drop-in centre to impact youth in Bukit Panjang.



步入新篇章 新生青年中心开幕典礼



如雷般的掌声，一阵又一阵地从大牌419法嘉路一楼走廊响起。由40名来自正华中学与法嘉中学组成的拉拉队伍带动了新生青年中心开幕典礼的气氛。开幕典礼的会上嘉宾是国会议员，荷兰，武吉班让集选区（正华）议员，颜金勇先生。

在青年中心周围的墙壁上挂着一幅又一幅的布条。布条上印满着七彩

缤纷的掌印—代表着学生对新生青年中心的支持。这1360个掌印都是从正华中学与法嘉中学收集而来的。当天，颜金勇先生亲自为新生印上了他的掌印，表示支持。

颜先生在开幕演讲中提到青少年很容易被周围的人与事物影响，因此我们需要为他们提供一个适当的环境，在参与活动时也能有人在旁引导他们。我们也有必要给予他们支持与关爱，帮助他们度过生命的困难。

在为新生青年中心掀开序幕后，颜先生与会上嘉宾们便陆陆续续地步入中心游览一番。



中心当天也开放给大众参观和让青年们报名成为会员。开放的数小时内，便有116名青年前来报名。至今，共有超过五百名青年已报了名成为会员！每天，大约有四十多名青年前来使用中心的设施。这些青年大约在中心逗留一小时。在青年们得踊跃支持下，新生青年中心盼望能为武吉班让区内的青年提供一个属于他们歇教与成长的空间。

Wacky Challenge

A fun feast of earth-shaking proportion! That's what you get when you take a bunch of rowdy teens and put them to play a series of wild, wacky games. And that was exactly what happened on Saturday, 18 June 2005 during New Life Youth Centre's Wacky Games Day.

Youths from the community aged 14-17 years old competed in 6 team contests.

The explosive action began with a Coke drinking session which left the participants with bloated tummies but a taste for further wacky exploits. Next was a water-filling contest requiring the contestants to fill up waste-paper containers with leaking plastic cups. Splashing and splashing went the youngsters, madly crisscrossing into one another's path, dousing water all over one another amidst laughter.

Eating challenges followed where the contestants first devoured small biscuits spread with sushi wasabi within the shortest time.

The participants emerged with their cheeks crammed and throats nearly choked. The

youths then scrambled to eat half a water-melon with bare hands. The young chaps then had to dash for half a piece of lemon and squeeze into a plastic cup before they downed the juice in one quick gulp.

Finally, the ultimate challenge. The winners of all contests had to clip as many colourful clothing pegs onto their faces. The result was an imaginative, comic array of clownish faces, aptly capturing the wacky spirit of the games.

And that was just a sample of much more wacky fun to come, as New Life Youth Centre opens the doors of its youth hub to the youths of the Bukit Panjang community. Definitely not for the faint-hearted, they say.

Tay Joo Huat

Kidz Camp - Developing Patience

Are you able to endure difficult situations ... without fidgeting to get over them in a hurry? If yes, you are atypical, as these days, most people prefer immediate satisfaction, and the trait of patience is often relegated as an afterthought.

The caterpillar is patience personified, steadfastly eating the same milkweed, struggling out of its skin every few days, and, in its final metamorphosis, becomes the monarch butterfly. The 34 participants of New Life's Discover Character Kidz Camp on 9 June 2005 learned this beautiful allegory from nature, which illustrates the need for patience in dealing with difficulties as one's life progresses.

From basics such as not interrupting, to making the most of their spare time and, accepting things they cannot change, children learned the different aspects of patience. Thereafter, the children enthusiastically

applied what they had learnt by creating painstakingly-shredded crayon butterflies.

The obstacle course provided the final training ground - where the kids demonstrated patience for one another,

despite competing with each other. Seeing how some

children apply their lessons was really heartening. Anyone wish to be liberated from shackles of impatience? Learn from the caterpillar.

Pow Wai Cheng

Handprints @ Work



They came in droves, moving gamely in queues and eagerly awaiting their turns. About 600 Secondary 1 & 3 students from Fajar Secondary School participated in a hand print project on 18 May 2005 by pressing their paint-coated hands onto banners, thus signifying their support for New Life Youth Hub, which was officially opened on 4 July 2005. Over at Zhenghua Secondary School on 25 May 2005, another 760 Secondary 1 & 2 students enthusiastically put their colourful hands to the banners for the same cause.



Student leaders and councilors from both schools played a vital role in setting up, coordinating and guiding their fellow students through the hand print process. A Secondary 1 Student Councilor from Zhenghua Secondary School, Jia Yi, 13, spoke of her role. *"I enjoyed the challenge! I'd like to suggest more colours for the hand prints and even bigger banners for future project."* Said Nasrul, 15, a Student Leader from Secondary 3E4 of Fajar Secondary School, *"It's interesting and kind of fun. I like the idea of doing something meaningful while getting our hands dirty."*



Prior to the hand print exercise, an assembly talk was first held by New Life staff, to draw students' understanding of their involvement in the project, as well as to publicise the upcoming opening of the Youth Hub, to which the students were warmly invited. If not for anything else, surely they would want to see their own hand prints proudly showcased, lining the perimeter of the Youth Hub, wouldn't they?

Charity Show

Sunday, 2 October 2005

7 p.m. – 10 p.m.

YWCA Fort Canning Lodge

The best contractor in Singapore, JB and some say Batam is coming for New Life's Charity Show! You coming or not?



MediaCorp Artist/Gurmit Singh as Phua Chu Kang

"To better serve and respond to the Bukit Panjang community, New Life's fundraising efforts commence this year with our very first Charity Show 2005!"

Be entertained by the antics of the best contractor in Singapore, JB and some say Batam! MediaCorp artiste Gurmit Singh will keep you in fits of laughter in the hour long appearance he makes as Phua Chu Kang. Gastronomical delights served from an 8-course banquet dinner will satisfy your palates as you are treated to an evening of great entertainment & table games to participate in. And to top it all off, lucky draw winnings & prizes galore await you to take home as a memento of an evening well-spent!

All these and more is yours for just \$60 per person or \$600 per table for those who want to enjoy the evening with your loved ones and friends!

So, what are you waiting for? Hurry and book yourself a place before 19 September 2005!

- 1 hour PCK live performance
- 8 course banquet dinner
- Table games and prizes
- Lucky draw
- Door gifts

\$600 per table
or \$60 per person

Guest-of-Honour
Mr Gan Kim Yong
Member-of-Parliament
Holland-Bukit Panjang GRC (Zhenghua)

In support of:



For enquiries, please contact

contact@newlife.org.sg

Adeline @ 6892-7249 / Irene @ 6892-8105

STAFF NEWS



Sim Mui Liang has more than 15 years of finance experience in non-profit organisations. Currently worshipping in Woodlands EFC, she also serves as a volunteer with Woodlands Social Centre, assisting in the disbursement of financial assistance to needy families. Seeking for a change in direction, Mui Liang was drawn to serve in New Life when she came to know about the position available. Mui Liang joined New Life as Finance Executive on 18 July 2005.

We welcome Adeline Ang, who joined New Life on 1 August 2005 on 3-month contract as Project Co-ordinator (Corporate Services).

We bid farewell to Serena Tan (Finance Manager) who left New Life on 16 June 2005. Serena's position has since been filled by Sim Mui Liang.

We also bid farewell to Cynthia Chia (Programme Co-ordinator, Youth Centre) who left New Life on 21 June 2005. Cynthia's position will be filled by a new Programme Co-ordinator who will join New Life on 1 Sep 2005.

Farewell

Our Programmes & Services

1. Youth Movie Night

Date : 2 Sep, 4 Nov 2005 (Friday)
Time : 7 p.m. - 9 p.m.
Venue : New Life Youth Hub
Contact : 6892-4419
Email : youth@newlife.org.sg

2. Study Hard or Study Smart (Youth)

Date : 5 September 2005 (Monday)
Time : 9 a.m. - 12 p.m.
Venue : New Life Youth Hub
Contact : 6892-4419
Email : youth@newlife.org.sg

3. Discover Character Kidz Camp - Initiative

Look out for the Discover Character Kidz Camp organised by New Life S.U.P.E.R. Kidz Club.
Date : 8 September 2005 (Thursday)
Time : 10 a.m. - 6 p.m.
Venue : New Life Community Services Centre
Contact : 6892-4419
Email : youth@newlife.org.sg

4. Youth Sports

Date : 17 Sep, 15 Oct, 19 Nov 2005 (Saturday)
Time : 9 a.m. - 12 p.m.
Venue : New Life Youth Hub
Contact : 6892-4419
Email : youth@newlife.org.sg

5. Discover Character Kidz Camp - Self-Control

Date : 24 November 2005 (Thursday)
Time : 10 a.m. - 6 p.m.
Venue : New Life Community Services Centre
Contact : 6892-4419
Email : youth@newlife.org.sg

6. Youth Outdoor Adventure

Date : 29 Nov - 1 Dec 2005 (Tuesday - Thursday)
Venue : To be Advised
Contact : 6892-4419
Email : youth@newlife.org.sg

CHILDCARE CENTRE

Play
Nursery
Kindergarten

YOUTH CENTRE

New Life Youth
(Youth Drop-In)

S.U.P.E.R. Kidz

School Social

(Zhenghua Primary)

STEP-UP Program

(Zhenghua Secondary)

FAMILY LIFE CENTRE

Counseling

Legal Aid

Family Assistance

Family Life Enrichment

School-Family Education Program

(Fajar Secondary)

(Greenridge Primary)

COMMUNITY HEALTH CENTRE

Home

Health

New Life Community Services Centre is
affiliated to a full member



Mastering
Life's
Transitions

Published by:
New Life Community Services Centre

Editors
Lee Da-Win, Michelle Cheong

Writers
Pow Wai Cheng, Tay Joo Huat

Kindly obtain written consent from
New Life before reproducing the contents
of this newsletter.

Coming Your Way

How Can I Give in Support of New Life?

BY CHEQUE: Payable to "New Life Community Services Centre".
Please furnish your name, FIN/NRIC number, address, and contact number.

BY CREDIT CARD: Follow on-line instructions at
www.donation.org.sg/call_newlife_frame.html
(requires credit card number)

DONATE YOUR ERS SHARES: www.ers.org.sg
"Cash Exchange Instruction" and follow on-line instructions.
(requires SingPass ID and password)

Donations received in current year are eligible for tax deduction in the following year. Until further notice, tax deduction will be twice the value of donations made. Individual donors need not claim tax deductions if they have furnished their full name and FIN/NRIC number, as New Life will submit details directly to IRAS.

For more help, contact 6892-0849 or simmulliang@newlife.org.sg

WANT TO BE KEPT "IN-THE-LOOP"? Subscribe to New Life's eNews - brief fortnightly snippets of easy-to-digest updates, newsy happenings by email - and it's free! Simply send an email to contact@newlife.org.sg, with "Subscribe eNews" as subject.