

WHAT'S NEXT

CHARITY RUN



Bless the community by helping to raise funds for New Life. Be a Runner, Be a Fundraiser!

Event: CSC Run by the Bay

Date: 20 October, Saturday

Time: 7.30pm

Venue: Gardens by The Bay East

Mechanics:

1. Form a team of 3-4 runners.
2. Register via tinyurl.com/newliferun2018 before 3 October.
3. A personalised fundraising page for your team will be created.
4. Raise donations online by sharing your team's fundraising page to your networks.

For more info, visit tinyurl.com/newliferunfaq or contact Trevor at 8767 7089 or fundraising@newlife.org.sg.

NEW LIFE DAY

We are celebrating New Life Day on 11 November at the three centres at Bukit Panjang, Woodlands and East. Come and join us to hear more about how New Life and Covenant EFC are affiliated.



RECRUITMENT

Email: hr@newlife.org.sg / Tel. 6760 0533

We are hiring!
Turn your passion to career!

- Youth Team Leader
- HR Executive
- Finance Executive/Assistants

DONATION

Every dollar counts in making a difference and impacting a life.

Tel.: 6892 0122
donate@newlife.org.sg

2.5 times tax deductible



newlifefsg



www.newlife.org.sg



email@newlife.org.sg

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NEW LIFE

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FAJAR YOUTH HUB OFFICIAL OPENING



New Life's Youth Hub at Fajar which was first opened in 2005 underwent a facelift and celebrated its official opening on 4 August 2018 with Dr Teo Ho Pin, Mayor of Northwest District and MP for Bukit Panjang Constituency as Guest of Honour. The hub was renovated to maximize its capacity and make it more relevant to the youths today.

“We aim to engage our community youths through meaningful activities, equip them through skills-based programmes and empower youths with values, skills, and knowledge so that they may contribute back to the community”

Felix Wong, Deputy Executive Director

The morning was packed with fun and lively programmes. Felix Wong, Deputy Executive Director shared in his welcome speech, “We aim to engage our community youths through meaningful activities, equip them through skills-based programmes and empower them with values, skills, and knowledge so that they may contribute back to the community.”

empower them to build character and develop resilience, so as to master life's transitions.

The core programme of Youth Hub at Fajar is Cooking 101, a nine-week programme designed to equip youths with culinary skills and social emotional values like discipline and time management, as well as to teach them that cooking can be simple and easy to do at home.

At the Youth Hub, youths can meet friends, have fun and grow in a nurturing and positive environment. The Youth Hub is also a platform where New Life's youth mentors, who are qualified youth workers, counsellors and social workers, can engage, build bonds of friendship, and become positive influences to the youths they interact with.

New Life Youth Services was established in 2003 and aims to engage youths to positively impact them,

New Life's first Youth Hub at Fajar Road, Bukit Panjang, was opened in 2005. A new youth hub was officially opened in 2012 at Woodlands, followed by another in 2016 at Junction 10. Till date there are close to 200 youth members at the three hubs.



WE ARE LOOKING FOR VOLUNTEERS FOR STEADY READERS & PANDA CHAMPS. CONTACT US AT VOLUNTEER@NEWLIFE.ORG.SG OR 96351135

TESTIMONIES



LIFE AT YOUTH HUB

When I first moved from Malaysia to Singapore about one and a half year ago, I struggled to cope with the change in environment and did not know how to manage my negative emotions. Through the introduction of my school counselor, I got to know about the New Life Youth Hub. When I first visited the Youth Hub, the members and the staff were very friendly to me. I felt very comfortable and close to them even though it was our first time meeting one another. And as I get to know the members better, I started to share more about myself and my struggles. Gradually I became close friends with them and also with the staff who mentored and encouraged me along the way.

The time spent at the New Life Youth Hub has changed my life in many ways. With the help of my new friends and the staff, I started to move away from the negative thoughts that I had. Nowadays I will spend my free time at the hub with the youths and staff. Whenever I feel down, I know that I am not alone as the staff is there for me to offer their listening ears, and to give me positive advice. The staff and friends always remind me that they care for me and lend me their support when I revert to my old habits. My mindset has gradually improved for the better. Thank you New Life for changing my life!

~Jacqueline, 14-year-old youth hub member



JUNCTION 10 CHILDCARE FAMILY DAY



New Life Childcare at Junction 10 had a smashing good time on 21 August as the entire center with parents in tow made their ways to the Hort Park for its annual Family Day. It was clear upon arrival at the park that the teachers and staff had put their hearts and souls into organising the event. Goody bags with a careful selection of healthy snacks were given out so that families could indulge in a picnic together. With the hectic schedules of Singaporeans, family meal times - if ever they occur, are very precious times to savour - so this thoughtful touch was much appreciated. I was touched that the teachers were attentive to our needs despite their busyness. They noticed that we had not packed a mat and promptly offered one before I even asked. The teachers led the families in an energetic mass dance that served as a good warm up for the games, which were carefully designed to cater to the wide range of ages present, and to allow maximum participation from the parents. I was proud to witness that my daughter had learnt to cooperate with others to complete the game tasks, and thrilled to see how much joy the outdoor fun elicited from her. We left the park at midday, exhausted but energised. We look forward to the next family day with anticipation. Thank you so much!

~ Eugene Quek, father of Zaphanie Joy Quek, Nursery 1



VOLUNTEER MANAGEMENT | EMAIL: volunteer@newlife.org.sg

VOLUNTEERING

Beneficiary

“I want to thank them for mentoring me, listening to me, allowing me to share my problems and letting me experience new things”

Q: How did you come to know about New Life and what do you like about the Youth Hub?

A: I came to know about New Life last year after my best friends Farah and Saizurah told me about the New Life Youth Hub. Since then I have been enjoying coming here because I can make new friends and talk to the supportive and joyful staff! I also enjoy the culinary programme and other activities such as playing PS4, board games and card games like Munchkin and Fluxx.

There was a period where I was feeling down because of my Math exam results, and the youth hub staff encouraged me with their journey. I am thankful to them for sharing their past experiences and challenges they faced when they were in school which motivated me to focus and study better for my examinations.

Q: Any lessons you've learnt at the Youth Hub which you wish to share?

A: I've learnt a lot from the mentors here. One of the many lessons the mentors taught me is accepting others and embracing them for who they are. I've discovered that we are all unique and special in our ways. Through the monthly special programmes, I learnt about teamwork,



contributing to the society and working with people of different personalities and backgrounds.

Q: How were you like before joining the Youth Hub and how has your life changed after that?

A: When I was younger, I was timid and did not have many friends. I also suffered from low self-confidence and would stammer whenever I spoke in front of the class. The lesson which I've learnt in acceptance has enabled me to accept myself for who I am and helped me to interact more with others. I have become a better person and would volunteer whenever I am free. When I volunteer, I feel satisfied with myself as I have helped as best as I can. I am thankful to the staff and volunteers for brightening up my day in the hub with their vibrant and fun personalities. I want to thank them for mentoring me, listening to me, allowing me to share my problems and letting me experience new things.

~Intan, 13-year-old youth hub member

STAFF INSIGHTS

CHILDCARE



I've been working in the New Life Childcare Department for over two years. As a Quality Enabler, my responsibility is to ensure that all three New Life childcare centres comply with the Early Childhood Development Agency (ECDA) regulatory requirements and that quality care and supervision are well-maintained. My role also involves working alongside the childcare teams in providing quality preschool education, through Singapore Pre-school Accreditation Framework (SPARK) Certification.

A 24-month tenure license was awarded to all three New Life childcare centres in 2016. Woodlands and Bukit Panjang childcare centres were accredited the SPARK certification in 2017. These are signs of God's affirmation and encouragement to New Life's efforts in enhancing the holistic development and well-being of the young children in our care. It is fulfilling to witness the joy of the children while they engage in our programmes in a safe and conducive environment. And whenever I visit the childcare centres, the smile from the children's faces and the love that I receive from them make me feel exceedingly blessed. ~Elaine Lim, Quality Enabler