



My Little Teacher

"When people feel down, I say to them, 'Hey, tell me what's wrong,'" ten-year old Sze Ting explains. "If they don't want to tell me, it's fine. I will just help them to calm down and say that when they're ready they can talk to someone they trust." As a peer support leader in her primary school, Sze Ting has made it her duty to reach out to struggling students and help them work through difficult emotions or relationship issues. Little would one suspect that just three years before, Sze Ting herself had been one of those struggling students.

At seven years old, Sze Ting had difficulty interpreting social cues, often expressing her emotions in ways that made others uncomfortable. Out of affection, she would run up to her cousins and hug them too tightly, or sit on others' laps without permission. Because of her weak socio-emotional skills, Sze Ting had few friends and was even bullied. Her mother Vanessa shares, "She felt less confident during P1 to P2. She would ask me 'Mummy, why don't [my cousins or friends] like me?' because she felt that they weren't reciprocating her love, when actually they just disliked how she expressed it."



"Sze Ting listens more during KCC sessions and guides the younger ones to follow instructions, encouraging them when they can't do it."

– Dancia, KCC Programme Executive

Sze Ting's transformation is largely due to her time at Kids Champ Club (KCC). Through KCC activities designed to teach children the value of empathy, Sze Ting learned to "see what they see", "hear what they hear" and "feel what they feel", and put what she learnt into practice. When one girl in her group of friends made insensitive comments about another friend, Sze Ting stepped in to mediate. Her friends often look to her to resolve quarrels and conflict. "Sometimes we can just talk it out," she says confidently.



Dancia, KCC programme executive, shares that Sze Ting listens more during KCC sessions and guides the younger ones to follow instructions, encouraging them when they can't do it. "She is like my little teacher!" Her parents have also received positive feedback from teachers about how Sze Ting behaves in school. "She has displayed leadership qualities. When the teacher is not around, she will take charge of the class, make sure her classmates are alright," her father Richard shares. Sze Ting also has improved in handling her own emotions. "Now when she interacts with friends and cousins, she can feel it when they are sad and will show care or ask what's wrong," says Vanessa. "I feel like she's quite mature now."

Richard and Vanessa also appreciate the KCC teachers' roles in Sze Ting's growth. "The teachers give good feedback on where she's doing well, where improvement is needed. I really appreciate this as a working parent because they have more time to observe her behaviour," Vanessa comments. Dancia expresses that this feedback is part of New Life partnering with parents to nurture their children. "We hope to journey with families to build a support system for their child's positive growth."



Calling for volunteers to plan and execute Easter celebrations for our Childcare and Student Care centres!

Bring the next generation joy and hope by sharing the story of Easter through exciting activities!

6 April 2023 (Thu)

**Locations: Bukit Panjang, J10 & Woodlands (CC);
Jelapang, Woodlands & Teck Whye (SCC)**

CGs are encouraged to sign up together.

Check out our other volunteering opportunities here:

Kids Champ Club Mentors

Impart good values and socio-emotional skills to P1s – P4s through fun activities.

Commitment

Saturdays 2-6pm, fortnightly from 1 Apr to 2 Dec

Locations

Woodlands (Woods Square)

Youth Befrienders & Programme Leaders

Build relationships with youths over sharing of skills and hobbies.

Commitment

Once weekly for duration of programme or 3 months, between 2-6pm on weekdays

Locations

Fajar, Woodlands

Student Care Lessons of Love Facilitators

Impart good values to the young through fun and meaningful activities.

Commitment

Fridays 4-5pm, 3 weeks at a time

Locations

Jelapang, Teck Whye, Woodlands

Silvercare Befrienders & Activity Leaders

Bring joy and purpose to the elderly through sharing skills and interests.

Commitment

Once weekly for duration of programme or 3 months, between 9am-12nn on weekdays

Locations

Fajar, Woodlands

Register your interest!

